



Angie's got her spark back, thanks to the Seniors' Party Bus, a United Way–supported program that offers free excursions.

How a party bus is changing senior citizens' lives

Angie always thought of herself as active and social. But the unexpected death of her husband—followed by personal health problems, mobility issues and limited income—left her feeling isolated and alone. “You wonder, Where do I go from here? What do I do? What do I have to look forward to?”

Then Angie found the answer: Let's Walk and Roll, a United Way–supported seniors' program offered by Maple Ridge/Pitt Meadows Community Services Society in the Lower Mainland. Affectionately known as the “Seniors' Party Bus,” the program offers excursions to local seniors twice a month, with door-to-door pick-up and drop-off, plus lunch or dinner. “The outings are precious to me,” says Angie, who has limited transportation options. “I'm excited when I'm able to get out to be with other people and to go to different places, including parks, restaurants and local attractions.”

For seniors like Angie, it means so much to be able

to participate in these outings safely and at no cost.

“Many of us are on pensions, and pensions are very limited,” she says. “Every \$10 or \$15 makes a huge difference. It's nice to take advantage of Let's Walk and Roll without having to worry.”

Thanks to the program, Angie has rediscovered her adventurous side. And her outings have sparked some meaningful relationships with other seniors just like her. It's vital connections like these—supported by donors like you—that are so important to ensuring seniors remain healthy, active and engaged. These days, Angie has plenty to smile and talk about. “Programs like this make such a difference in a person's quality of life,” she says.



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